

PARDON

FOOD

HOT DRINKS

	REG	LRG
	<u>8oz</u>	<u>12oz</u>
MILK BASED COFFEE (HOUSE BLEND)	4.0	4.5
MILK BASED COFFEE (SINGLE ORIGIN)	4.5	5.0
ESPRESSO	3.8	
DBLE ESPRESSO/ LONG BLACK		4.0
BATCH BREW	5.0	5.5
HOT CHOCOLATE	4.5	5.0
MOCHA	4.0	4.5
MATCHA LATTE	4.0	4.5
- with soy milk +0.50 cents		- with almond milk +0.70 cents
- double shot +0.50 cents		
PRANA CHAI LATTE	5.0	5.5
TUMERIC PRANA CHAI LATTE	5.0	5.5
TEA	4.0	
<i>(English Bfast/ Peppermint/ Lemongrass/ Earl Grey/ Gunpowder)</i>		
TUMERIC LATTE	4.5	5.0
BABYCINO	3.0	

COLD DRINKS

AFFOGATO	7.0	
<i>Double espresso served with ice cream</i>		
LONG BLACK ON ICE	4.5	
COLD BREW	4.5	
ICED LATTE/CHOCOLATE	5.0	
ICED MOCHA	6.0	
ICED MATCHA LATTE	6.0	
ICED COFFEE (WITH ICE CREAM)	6.5	

FRESHLY SQUEEZED JUICES

FRESHLY SQUEEZED OJ	7.0	
WATERMELON, PINEAPPLE & ORANGE	8.0	

SMOOTHIES

SUMMER QUENCHER	8.0	
<i>watermelon, strawberries & lychees</i>		
BERRY	8.0	
<i>mixed berries, oats, banana, honey & your choice of milk (regular/skinny)</i>		
- with soy milk +0.70 cents		- with almond milk +\$1.0
BANANARAMA	8.0	
<i>banana, strawberries, yoghurt & your choice of milk (regular/skinny)</i>		
- with soy milk +0.70 cents		- with almond milk +\$1.0
BANANA & AVOCADO	8.0	
<i>banana, avocado, honey & your choice of milk (regular/skinny)</i>		
- with soy milk +0.70 cents		- with almond milk +\$1.0
GOING GREEN	8.0	
<i>grapes, spinach, banana, pineapple</i>		

ALL DAY BREAKFAST

FRESH CROISSANT	5.0	
CROISSANT w NUTELLA	5.9	
CROISSANT w BACON CRUMBLES & CHEESE	8.5	
HAM & CHEESE CROISSANT	8.5	
BACON & EGG BRIOCHE	9.5	
<i>bacon, large egg with herb mayo on toasted brioche</i>		
Optional/ add-ons	- add tomato relish	+0.70 cents
	- hollandaise sauce	+\$1.0
DOUBLE CHEESE BACON & EGG ON BAGEL	10.9	
<i>bacon, double cheese, large egg with herb mayo on toasted seeded bagel</i>		
Optional/ add-ons	- add tomato relish	+0.70 cents
	- hollandaise sauce	+\$1.0
HAM & CHEESE TOASTIE	9.0	
*BACON & CHEESE TOASTIE	9.5	
*CHEESE & TOMATO TOASTIE	8.0	
*NY SUPERSEED BAGEL	5.5	
Optional add-ons	- avocado & cream cheese	+\$5.0
	- cream cheese	+\$1.5
	- bacon with herb mayo & cheese	+\$4.0
	- vegemite/ peanut butter	-

*YOGHURT WITH MUESLI	8.0	
<i>brookfarm muesli, honey, berries served with Greek yoghurt</i>		
BIRCHER MUESLI	8.5	
<i>oats, muesli, yoghurt soy milk, apple juice, berries</i>		
*BANANA MUESLI	8.0	
<i>fresh banana, brookfarm muesli, honey, cocoa powder served with Greek yoghurt</i>		
*SOURDOUGH TOAST	6.0	
<i>w vegemite/raspberry/strawberry jam/ peanut butter on toasted sourdough</i>		

VEGETARIAN

VEGGIE PANINI	9.9	
<i>grilled artichokes & capsicum, pesto, tomatoes, feta cheese, spinach</i>		
FALAFEL WRAP	10.9	
<i>w tzatziki sauce, lettuce, tomatoes & cucumber</i>		
*AVOCADO, CHEESE & TOMATO TOASTIE	10.5	
<i>avocado, cheese & tomato on toasted sourdough</i>		
AVOCADO & SUNFLOWER SEEDS	10.0	
<i>smashed avocado w squeeze of lemon juice sprinkled with crunchy sunflower seeds on toasted sourdough</i>		
FOUR CHEESE TOASTIE	9.0	
<i>4 types of premium cheese on toasted sourdough</i>		
BAGEL WITH VEGEMITE & SWISS CHEESE	7.0	
BAGEL WITH CREAM CHEESE & RASPBERRY JAM	7.0	

ALL DAY DINING

CHICKEN SLAW BAGEL	13.5	
<i>crumbed chicken, char grilled tomatoes, homemade slaw, herb mayo on toasted bagel seeded bagel</i>		
CHICKEN WRAP	11.5	
<i>crumbed chicken, tomatoes, cheese, mayo & lettuce</i>		
*CHICKEN SCHNITZEL & AVOCADO	13.5	
<i>crumbed chicken, smashed avocado, cheese, tomatoes and mayo on toasted sourdough</i>		
CHICKEN PESTO	12.5	
<i>chicken breast with basil pesto sauce, mustard & mozzarella on toasted sourdough</i>		
CROISSANT WITH CHICKEN & BACON	11.5	
<i>croissant with shredded chicken breast, bacon, tomatoes, spinach, cheese & mayo</i>		
CHICKEN MAYO	12.0	
<i>chicken breast with mayo, chopped onions, tomatoes & mozzarella on toasted sourdough</i>		
CHICKEN PARMA & BACON	11.5	
<i>chicken schnitzel, bacon, tomatoes, Napoli sauce, cheese on Turkish bread</i>		
CHEESY TUNA MELT	9.5	
<i>tuna, double cheese, chopped onions, tomatoes on toasted sourdough</i>		
HAM WRAP	11.0/ 6.5(half)	
<i>ham, lettuce, carrots, tomato, honey mustard dressing</i>		
*SMOKED SALMON & AVOCADO BAGEL	14.5	
<i>smashed avocado, smoked salmon, red onion, capers and squeeze of lemon on toasted seeded bagel</i>		
ROAST BEEF PANINI	12.5	
<i>premium roast beef, char grilled tomatoes, sauerkraut, gherkins, mustard, mayo & swiss cheese on toasted panini</i>		
PROSCIUTTO PANINI	11.0	
<i>smoked prosciutto, rocket, tomatoes, cheese, cold pressed olive oil, balsamic vinegar on toasted panini</i>		

ADD-ONS

SMOKED SALMON	4.5	FRIED EGG	2.0
BACON	3.5	TOMATOES	1.0
HAM	3.0	AVOCADO	3.5
CREAM CHEESE	1.5	CHEESE	1.0

SWEET TREATS

MUFFINS	5.9
COOKIES	3.0 - 6.5
BROWNIES	5.5
BANANA BREAD	5.5
<i>toasted with butter</i>	
CAKE SLICES	5.5 - 7.5

* Made to Order
10% surcharge during public holidays